

# MEETING PROGRAM



**Allegheny**  
Health Network

PENNSYLVANIA ORTHOPAEDIC SOCIETY AND  
ALLEGHENY HEALTH NETWORK

PRESENT A ONE-DAY  
APPALACHIAN REGIONAL COMMISSION "VIRTUAL" SYMPOSIUM

## Physician Strategies to Combat the Opioid Crisis in Pennsylvania

**October 30, 2021**

7:45 AM – 1:30 PM

**5.25 CME CREDITS**

**FREE VIRTUAL SYMPOSIUM**

For all PAOrtho Members, Non-Members, Residents,  
Fellows, and Medical Students!

[paorthosociety.org/2021-pittsburgh-opioid-symposium](http://paorthosociety.org/2021-pittsburgh-opioid-symposium)

717-909-8901

# Course Co-Chairs



**MARK FULLER, MD, FACP**

**Medical Director, Recovery Medicine/Allegheny Health Network**

Dr. Mark Fuller, board certified by the American Board of Internal Medicine and the American Board of Psychiatry and Neurology, Inc. in Psychiatry and Addiction Psychiatry, also has certification of added qualifications in Addiction Psychiatry from the American Society of Addiction Medicine.

Dr. Fuller specializes in Opioid Use Disorder, Drug Addiction, Drug Abuse, Medication-Assisted Treatment, Recovery, Alcoholism, Alcohol Detoxification, and is a graduate of West Virginia University School of Medicine. He also completed two residencies at West Virginia University Hospitals in Internal Medicine and Psychiatry.



**ASIF M. ILYAS, MD, MBA, FAAOS**

**Professor of Orthopaedic Surgery/Rothman Orthopaedic Institute at Jefferson**

**President/Rothman Opioid Foundation**

**Past President/Pennsylvania Orthopaedic Society**

Dr. Asif Ilyas is a board-certified Orthopaedic Surgeon whose extensive research portfolio most recently focuses on opioids and pain management strategies to decrease post-operative opioid use and dependency. His work has culminated in the launching of the new Rothman Orthopaedic Institute's Foundation for Opioid Research and Education.

An Alpha Omega Alpha graduate of MCP-Hahnemann College of Medicine of Drexel University, Dr. Ilyas completed his Orthopaedic Surgery training at Temple University Hospital and his fellowship as a Harvard Fellow at the Massachusetts General Hospital in Boston.

# Speakers



**ARI C. GREIS, DO**

**Clinical Assistant Professor, Physical Medicine and Rehabilitation/Rothman Orthopaedic Institute at Jefferson**

**Director, Medical Cannabis Department at Rothman**

**Pain Management Physician for the Philadelphia Eagles**

Dr. Ari Greis is a board-certified physician specializing in non-operative treatment of spinal and musculoskeletal disorders. As Director of the Medical Cannabis Department at Rothman, his main interest is in the treatment of chronic pain with cannabis as an alternative to opioids. As a Clinical Assistant Professor of Rehabilitation Medicine at Thomas Jefferson University, Dr. Greis is widely published and continues to teach residents and medical students. He is fellowship trained in sports and spine rehabilitation and performs fluoroscopic guided spine injections, ultrasound guided peripheral joint injections, trigger point injections, and electrodiagnostic testing.



**J. DEANNA WILSON, MD, MPH**

**Assistant Professor of Medicine, Pediatrics, and Clinical and Translational Sciences/University of Pittsburgh Department of Medicine/School of Medicine**

Dr. Wilson's research interests are focused on reducing substance use-related health disparities and building equity for vulnerable populations with substance use disorders, particularly young people who inject opioids. Her work broadens our understanding of the development of opioid use disorder following first opioid prescriptions in youth. Her research leverages health services research, implementation science, and community-engaged methods to examine how best to integrate harm reduction into primary care settings, develop low threshold models of care to improve engagement and retention of vulnerable populations, and improve engagement and retention of adolescents and young adults in opioid use disorder treatment.



**ABRAHAM J. KABAZIE, JR., MD**

**Vice Chairman, Dept. of Anesthesiology and System Medical Director/Allegheny Health Network Division of Pain Medicine**

**Pain Medicine Fellowship Associate Program Director and Clinical Assistant Professor/Temple University School of Medicine**

Dr. "Jack" Kabazie, Jr. is a triple-boarded specialist. Certified by the American Board of Anesthesiology for pain medicine and by the American Board of Preventive Medicine for addiction medicine, he helps patients manage their pain with patient-centered, individualized care. He is registered with the state's medical marijuana program to issue certifications to eligible patients. Dr. Kabazie is also trained in medication-assisted treatment for opioid use disorder using Suboxone®. He is widely published and has lectured extensively on pain medicine and addiction at national, regional, and local meetings, and currently sits on the board of directors of the Pennsylvania Pain Society.



**HEATHER L. RICHARDS, MD**

**Primary Care/Allegheny Health Network Division of Internal Medicine**

Dr. Heather Richards currently sees patients as an Allegheny Health Network primary care physician and treats patients at the AHN Positive Health Clinic. Board certified by the American Board of Internal Medicine, she attended Wake Forest University School of Medicine and did her Residency at AGH-WPH Medical Education Consortium.



# Meeting Program

## Saturday, October 30, 2021

### 7:45 am – 8:00 am Welcome & Introductions

Mark Fuller, MD, FACP  
Allegheny Health Network  
Asif Ilyas, MD, MBA, FAAOS  
Rothman Opioid Foundation

### Session 1: The Opioid Epidemic

**Moderator:** Mark Fuller, MD, FACP, Allegheny Health Network

- 8:00 am – 8:15 am State of the Opioid Epidemic in PA  
Mark Fuller, MD, FACP  
Allegheny Health Network
- 8:15 am – 8:30 am Pathophysiology of Pain  
Abraham Kabazie, Jr., MD  
Allegheny Health Network
- 8:30 am – 8:45 am Physiology of Opioid Addiction  
Heather Richards, MD  
Allegheny Health Network
- 8:45 am – 9:00 am Panel Discussion

### Session 2: Assessing Pain & Addiction

**Moderator:** Asif Ilyas, MD, MBA, FAAOS, Rothman Opioid Foundation

- 9:00 am – 9:10 am Assessing Chronic Pain – Diagnostic Pearls  
Abraham Kabazie, Jr., MD  
Allegheny Health Network
- 9:10 am – 9:20 am Differentiating Pharmacologic Dependence from Addiction  
Heather Richards, MD  
Allegheny Health Network
- 9:20 am – 9:30 am Treatment Implications for Patients with Substance Use Disorders  
Deanna Wilson, MD, MPH, University of Pittsburgh School of Medicine
- 9:30 am – 9:45 am Panel Discussion

### 9:45 am – 10:00 am BREAK

### Session 3: Opioid Addiction Treatment Strategies

**Moderator:** Mark Fuller, MD, FACP, Allegheny Health Network

- 10:00 am – 10:10 am Conducting a Comprehensive Assessment for OUDs  
Heather Richards, MD  
Allegheny Health Network
- 10:10 am – 10:20 am MOUD Management Strategies  
Mark Fuller, MD, FACP  
Allegheny Health Network
- 10:20 am – 10:30 am Whole Patient Approach to OUD's  
Deanna Wilson, MD, MPH, University of Pittsburgh School of Medicine
- 10:30 am – 10:45 am Panel Discussion

### Session 4: Chronic Pain Medication Strategies

**Moderator:** Asif Ilyas, MD, MBA, FAAOS, Rothman Opioid Foundation

- 10:45 am – 10:55 am Opioids and Chronic Pain  
Abraham Kabazie, Jr., MD  
Allegheny Health Network
- 10:55 am – 11:05 am The Use of Psychotropic Medications in Chronic Pain  
Mark Fuller, MD, FACP  
Allegheny Health Network
- 11:05 am – 11:15 am Non-Opioid Analgesics and Chronic Pain  
Deanna Wilson, MD, MPH, University of Pittsburgh School of Medicine
- 11:15 am – 11:30 am Panel Discussion
- 11:30 am – 11:45 am BREAK**

### Session 5: Medical Cannabis

**Moderator:** Asif Ilyas, MD, MBA, FAAOS, Rothman Opioid Foundation

- 11:45 am – 11:55 am Pharmacology of Cannabis  
Ari Greis, DO  
Rothman Orthopaedic Institute
- 11:55 am – 12:05 pm Current Evidence for Use in Chronic Pain: What Does the Literature Tell Us?  
Ari Greis, DO  
Rothman Orthopaedic Institute
- 12:05 pm – 12:15 pm Treatment Strategies and Risks  
Ari Greis, DO  
Rothman Orthopaedic Institute
- 12:15 pm – 12:30 pm Questions & Discussion

### Session 6: Acute Pain Management Strategies

**Moderator:** Mark Fuller, MD, FACP, Allegheny Health Network

- 12:30 pm – 12:40 pm Acute Musculoskeletal Pain  
Asif Ilyas, MD, MBA, FAAOS  
Rothman Opioid Foundation
- 12:40 pm – 12:50 pm Peri-Operative Multi-Modal Pain Strategies  
Asif Ilyas, MD, MBA, FAAOS  
Rothman Opioid Foundation
- 12:50 pm – 1:00 pm Post-Operative Pain Prescribing  
Asif Ilyas, MD, MBA, FAAOS  
Rothman Opioid Foundation
- 1:00 pm – 1:15 pm Questions & Discussion
- 1:15pm – 1:30 pm Closing Remarks**  
Mark Fuller, MD, FACP  
Allegheny Health Network  
Asif Ilyas, MD, MBA, FAAOS  
Rothman Opioid Foundation
- 1:30 pm ADJOURN**

# CME Accreditation and Disclosure

## CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Pennsylvania Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates the Pennsylvania Orthopaedic Society's Physicians Strategies to Combat the Opioid Crisis in Pennsylvania symposia, October 30, 2021, to be held virtually for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## CED Credit

Physician's Assistants can receive up to 5.25 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category 1, Level 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME. Disclaimer: The products, procedures, and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to PAOrtho. PAOrtho presents such material for information purposes only and does not endorse any such product or the content of any such presentation.

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Pennsylvania Orthopaedic Society has identified the option to disclose as follows:

The following participants have disclosed whether they or a member of their immediate family:

1. Receive royalties for any pharmaceutical, biomaterial or orthopaedic product or device.
2. Within the past twelve months, served on a speakers' bureau or have been paid an honorarium to present by any pharmaceutical, biomaterial or orthopaedic product or device company.
- 3a. Paid Employee for any pharmaceutical, biomaterial or orthopaedic device and equipment company, or supplier.
- 3b. Paid Consultant for any pharmaceutical, biomaterial or orthopaedic device and equipment company, or supplier.
- 3c. Unpaid Consultant for any pharmaceutical, biomaterial or orthopaedic device and equipment company, or supplier.
4. Own stock or stock options in any pharmaceutical, biomaterial or orthopaedic device and equipment company, or supplier (excluding mutual funds).
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6. Receive any other financial/material support from any pharmaceutical, biomaterial, or orthopaedic device and equipment company or supplier.
7. Receive any royalties, financial/material support from any medical and/or orthopaedic publishers.
- n. No Conflicts to Disclose.

The Academy does not view the existence of these disclosed interests or commitments as necessarily implying bias or decreasing the value of the author's participation in the meeting.

<b>Mark Fuller, MD</b>	n.	07/20/21
Ari Greis, DO	n.	10/05/21
<b>Asif M. Ilyas, MD, MBA</b>	n.	09/27/21
Abraham Kabazie, MD	n.	09/27/21
<b>Audrey McDonough-Cameron - PAOrtho Staff</b>	n.	10/02/21
<b>Lauren Murphy - PAOrtho Staff</b>	n.	10/02/21
<b>Jessica Quintilian - PAOrtho Staff</b>	n.	10/02/21
Heather Richards, MD	n.	10/12/21
<b>Deanna Wilson, MD</b>	n.	10/04/21

\*Disclosures in **bold** indicate members of the Opioid Symposia Program Committee and/or staff.