

Meeting At A Glance



Scientific Program

Aztec Room (Unless otherwise specified)
October 6-8, 2022 • The Hershey Lodge • Hershey, PA

Thursday, October 6

10:00 am – 5:00 pm	Meeting Registration Chocolate Lobby
12:00 pm – 5:00 pm	Board of Directors Meeting Wild Rose A&B
12:00 pm – 5:00 pm	Speaker Ready Area Chocolate Lobby
3:30 pm – 6:30 pm	Exhibitor Setup Nigerian Room
PHYSICIAN ASSISTANT/NURSE PRACTITIONER COURSE Crystal A	
10:00 am – 10:10 am	Welcome and Opening Remarks, Session I
10:10 am – 10:50 am	CRNP Regulatory and Legislative Updates Don Bucher, DNP, ACNP-BC FCCP CCRN, Penn State Milton S. Hershey Medical Center
10:50 am – 11:20 am	PSPA Regulatory and Legislative Updates Region 3 Representatives: Sarah Atkins, PA-C, OSS Health Katie Kugler, PA-C, Penn State Milton S. Hershey Medical Center
11:20 am – 1:00 pm	Lunch on your own
1:00 pm – 1:05 pm	Session II Introduction
1:05 pm – 1:55 pm	Ortho ID: Orthopedic Infections: Bugs and Drugs Meredith Schade, MD, Penn State Health, Hershey
1:55 pm – 2:05 pm	Case Study: Prelude to a Fracture Kristi Gruber M.Ed, PA-C, Penn State Health, Hershey
2:05 pm – 2:35 pm	Osteoporosis: Treatment Options Sarah Kauffman, CRNP, Premier Orthopaedics
2:35 pm – 3:05 pm	Joint Arthroplasty Kristel Dow Frey, MS, MMSc, University of Pennsylvania
3:05 pm – 3:35 pm	Foot and Ankle: The Nuts, Bolts and Hammertoes Greg Ranalli, PA-C, Penn Medicine
3:35 pm – 3:45 pm	Q & A
3:45 pm – 3:50 pm	Session III Introduction
3:50 pm – 4:20 pm	Proximal Humerus Fractures: Nothing Funny About It Kelly A. M. Martin, MSN, ACNP-BC, Penn State Health, Hershey
4:20 pm – 4:50 pm	Pediatrics Derek Flynn, PA-C, Penn State Health, Hershey
4:50 pm – 5:20 pm	Spine: Put Your Back into It Tom Walter, PA-C, Orthopaedic Institute of Pennsylvania
5:20 pm – 5:45 pm	Treatment Modalities for Ligamentous Injuries Kevin Wiesner Jr., MS, LAT, ATC, Premier Orthopaedics, Brandywine
5:45 pm – 5:55 pm	Q & A
5:55 pm – 6:00 pm	Closing Remarks
6:00 pm – 6:30 pm	PA/NP Networking Reception Crystal A
6:30 pm – 9:00 pm	Welcome Reception Trinidad Room

Friday, October 7

6:30 am – 5:30 pm	Speaker Ready Area Chocolate Lobby
6:30 am – 5:30 pm	Meeting Registration Chocolate Lobby
7:00 am – 7:05 am	Welcome and Opening Remarks
General Session 1: AAOS Update	
7:05 am – 7:20 am	AAOS Update Felix “Buddy” Savoie, MD *CME Credit Not Available
7:20 am – 7:50 am	Buffet Breakfast Nigerian Room
Rapid Fire Session 1A - Hand & Wrist / Peds Wild Rose A	
Rapid Fire Session 1B - Trauma Wild Rose B	
Rapid Fire Session 1C - Smoking & Weed and Burnout & Education Magnolia A	
7:55 am – 8:40 am	Rapid Fire Presentations & Discussion
8:40 am – 9:00 am	BREAK – Please visit Exhibits Nigerian Room
SYMPOSIUM 1: Surviving Call for the Subspecialist Moderator: Samir Mehta, MD, University of Pennsylvania	
9:00 am – 10:00 am	Presentation
CONCURRENT SESSION 1: MSK/Primary Care Session Crystal A	
9:00 am – 9:55 am	Diagnostic Imaging Approaches to Common MSK Conditions Matthew Silvis, MD, Penn State Milton S. Hershey Medical Center
9:55 am – 10:50 am	Hot Off the Press: Exercise is Medicine Jessica Butts, MD, Penn State Milton S. Hershey Medical Center
SYMPOSIUM 2: Medicine vs Law – Medical Liability Venue: Legal and Medical Perspectives Post-State Supreme Court Action Moderator: Jonathan Bigley, Esq., Bigley & Blikle & Nicholas J. Wachinski, Esq., Bigley and Blikle, LLC	
10:00 am – 10:30 am	Penn State Health Milton S. Hershey Medical Center Orthopaedic Residency Panelists Temitope Adebayo, MD – PGY-5 Nicholas Bertha, MD – PGY-4 Micah Richardson, MD – PGY-3 Rachel Thomas, MD – PGY-3
Widener Commonwealth School of Law Panelists Kelly Groom Emily Lagreca Gabrielle Martin Curtis Tokach Andrew Wuerz	
10:30 am – 10:50 am	BREAK – Please visit Exhibits Nigerian Room
SYMPOSIUM 3: Military and Veterans Issues Moderator: Aman Dhawan, MD, Penn State Milton S. Hershey Medical Center	
10:50 am – 11:04 am	Strengths and Weaknesses of the VA System Brig. Gen. Carl Reese, MD, US Army National Guard

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11:04 am – 11:20 am Disaster Readiness and Lessons Learned from the Theater of War
Brig. Gen. Carl Reese, MD, US Army National Guard & Joseph L. Petfield, MD, Penn State Milton S. Hershey Medical Center

11:20 am – 11:30 am The Evacuation Chain in US Military Combat Orthopaedic Surgery: A Case Study
Kenneth F. Taylor, MD, Penn State Health

11:30 am – 11:40 am Navigating VA Approval for Community Civilian Care and Service Connection Filing
Angela W. Rowe, DO, James E. Van Zandt VAMC

11:40 am – 11:50 am Questions & Discussion

CONCURRENT SESSION 1: MSK/Primary Care Session (Continued) Crystal A

10:50 am – 11:50 am Clinical Pearls: The Lumbar Spine and Knee Examinations
Jayson Loeffert, DO, Penn State Milton S. Hershey Medical Center

GENERAL SESSION 2: Medical Liability Venue - Legislative Solutions to the State Supreme Court's August 25, 2022 Action

Moderator: Daniel Torres, MD, PAOrtho Advocacy Chair

***CME Credit Not Available**

11:50 am – 12:20 pm Panel Discussion
Gregory Gallant, MD, Rothman Institute - Doylestown
Christopher Metzger, MD, Coordinated Health - Scranton Orthopedic
Senator John R. Gordner (R, Columbia, Luzerne, Montour, Northumberland, Snyder), Senate Majority Whip and Senate Judiciary Committee Member
Tim Briggs (D, Montgomery), Dem Chair, House Judiciary Committee

12:20 pm – 12:50 pm **FOCUSED LUNCH PRESENTATION**
***CME Credit Not Available**

12:50 pm – 1:20 pm **PAOrtho Business Meeting and Awards Presentation**
***CME Credit Not Available**

SYMPOSIUM 4: Arthroscopic Frontiers Across the Subspecialties

Moderator: Vishal Saxena, MD, Temple University

1:20 pm – 1:30 pm Needle/Nano Arthroscopy in Shoulder/Knee
Vishal Saxena, MD, Temple University

1:32 pm – 1:42 pm Elbow
Mark E. Baratz, MD, University of Pittsburgh Medical Center

1:44 pm – 1:54 pm Hand/Wrist
John R. Fowler Jr., MD, University of Pittsburgh Medical Center

1:56 pm – 2:06 pm Hip
Christopher A. Anthony, MD, Penn Medicine

2:06 pm – 2:20 pm Discussion

CONCURRENT SESSION 1: MSK/Primary Care Session (Continued) Crystal A

1:20 pm – 2:20 pm Advances in the Conservative Management of Tendinopathy
Lindsay Lafferty, MD, Penn State Milton S. Hershey Medical Center

2:20 pm – 3:20 pm Interprofessional Teams in the Care of MSK Conditions
John Wawrzyniak, PT, ATC, CSCS, Penn State Milton S. Hershey Medical Center
Kileigh Hess, MS, LAT, ATC, PES, Penn State Health, Hershey
Kevin W. Wiesner Jr., MS, LAT, ATC, Premier Orthopaedics, Brandywine

SYMPOSIUM 5: Healthcare Perspectives from Statewide Candidates
Moderator: Jonathan Bigley, Esq, Bigley & Blikle

2:20 pm – 3:20 pm Presentation

3:20 pm – 3:40 pm **BREAK – Please visit Exhibits Nigerian Room**

Rapid Fire Session 2A - Pain Management Across Specialties Wild Rose A

Rapid Fire Session 2B - Total Hip Arthroplasty & Total Knee Arthroplasty Wild Rose B

Rapid Fire Session 2C - Spine / Foot & Ankle Magnolia A

3:40 pm – 4:25 pm Presentations & Discussion

SYMPOSIUM 6: Frontiers in Minimally-Invasive Procedures Across Subspecialties

Moderator: Michael C. Aynardi, MD, Penn State Milton Hershey Medical Center

4:30 pm – 4:42 pm MIS Achilles (PARS) Repair
David I. Pedowitz, MD, Rothman Orthopaedic Institute

4:42 pm – 4:54 pm MIS Cubital Tunnel
Kenneth F. Taylor, MD, Penn State Health

4:54 pm – 5:06 pm Superior Hip Approach
Kevin Trapp, MD, Crystal Run Healthcare

5:06 pm – 5:18 pm Distal Femur (MIPO) vs Pelvis ORIF MIS
Matthew R. Garner, MD, Penn State Health

5:18 pm – 5:30 pm Discussion

5:30 pm – 6:30 pm **E-Poster Sessions Wild Rose A**
(Presenters will be available to answer questions)

5:30 pm – 6:30 pm **Exhibitor Reception Nigerian Room**

Saturday, October 8

6:10 am – 7:10 am E-Poster Sessions **Wild Rose A**

6:30 am – 12:30 pm **Speaker Ready Area Chocolate Lobby**

6:30 am – 12:30 pm **Meeting Registration Chocolate Lobby**

7:10 am – 7:15 am Announcements

SYMPOSIUM 7: The Finer Points of MSK Infection: An Infectious Disease Perspective

Moderator: Kenneth L. Urish, MD, PhD, University of Pittsburgh

7:15 am – 8:15 am **Panel**
Matthew R. Garner, MD, Penn State Health
Nikkole M. Haines, MD, Penn State Health Milton S. Hershey Medical Center
Anthony "Bobby" Ndu, MD, MBA University of Pennsylvania
Meredith Schade, MD, Penn State Health, Hershey
Kenneth L. Urish, MD, PhD, University of Pittsburgh

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SPECIAL SESSION 1: BUSINESS AND ADVOCACY

Moderator: Daniel C. Farber, MD, University of Pennsylvania

***CME Credit Not Available**

8:15 am – 8:30 am Staying Out of Legal / Malpractice Trouble
Jonathan B. Stepanian, Esq, McQuaide Blasko

8:30 am – 8:45 am Importance of Advocacy and Getting Involved
Nick A. Bonazza, MD, Allegheny Health Network

8:45 am – 9:15 am **Buffet Breakfast** Nigerian Room

Rapid Fire Session 3A - Sports **Wild Rose A**

Rapid Fire Session 3B - Patient and Practice Issues **Wild Rose B**

Rapid Fire Session 3C - Shoulder & Elbow **Magnolia A**

9:20 am – 10:05 am Presentations & Discussion

CONCURRENT SESSION 2: OPIOID SYMPOSIUM – PART 1 **Crystal A**

Moderators: Mark Fuller, MD, Allegheny Health Network & Asif Ilyas, MD, MBA, Rothman Opioid Foundation

9:20 am – 9:25 am Welcome / Overview
Mark Fuller, MD, Allegheny Health Network
Asif Ilyas, MD, MBA, Rothman Opioid Foundation

9:25 am – 9:31 am Opioid Administration in Pediatric Patients with Isolated Femoral Shaft Fracture
Jungeun J. Lee, BS, Penn State College of Medicine

9:32 am – 9:38 am How Many US Children's Hospitals Offer On-Site Disposal of Opioid Medications?
Anna Ptasiński, Penn State College of Medicine

9:39 am – 9:45 am Opioid Prescription Disposal Survey: A Survey of over 400 Patients
Ramin Talebi, Rothman Orthopaedic Institute

9:46 am – 9:52 am Preoperative Opioid Influences RCR Outcomes Along a Spectrum
Justin J. Greiner, University of Pittsburgh Medical Center
*Presented by Zachary Herman, MD

9:52 am – 10:05 am Questions/Discussion

10:05 am – 10:25 am **BREAK – Please visit Exhibits** Nigerian Room

SYMPOSIUM 8: Resident "Business" Session

Moderator: Daniel C. Farber, MD, University of Pennsylvania

10:25 am – 10:55 am Choosing a Practice Setting and Contracts and Negotiations
Bruce Armon, Esq, Saul Ewing Arnstein & Lehr

10:55 am – 11:25 am Protecting Yourself Financially
John Crane, CLU, CHFC, MBA, Crane Financial

11:25 am – 11:45 am Living with Surgical Complications
Mark S. Dias, MD, FAANS, Penn State Health

CONCURRENT SESSION 2: OPIOID SYMPOSIUM – PART 2 **Crystal A**

Moderators: Mark Fuller, MD, Allegheny Health Network & Asif Ilyas, MD, MBA, Rothman Opioid Foundation

10:25 am – 10:40 am Update on Opioids: What Happened to the Epidemic during the Pandemic?
Mark Fuller, MD, Allegheny Health Network

10:40 am – 10:50 am New Guidelines on Opioid Prescribing: What Does the CDC Want Now?
James R. Latronica, DO, FASAM, University of Pittsburgh School of Medicine

10:50 am – 11:00 am How the Opioid Epidemic Affected Medical Cannabis Policy in Pennsylvania
Philip Kim, MD, Center for Interventional Pain and Spine

11:00 am – 11:10 am Xylazine Abuse with Opioids: Old Drug, New Problems?
Minu Matthews, MD, Penn State Hershey Medical Center

11:10 am – 11:30 am Q & A

11:30 am – 11:40 am National Drug Control Strategy: What is Our Nation's Plan for Addressing Overdoses?
Lisa Kugler, PsyD, Shatterproof Inc.

11:40 am – 11:50 am Harm Reduction Strategies: What Are They, and Are They a Good Idea?
Curtis Bone, MD, Penn State Hershey Medical Center

11:50 am – 12:00 pm ABCs of Buprenorphine Prescribing
Bhavna Bali, MD, Penn State Health/Penn State University College of Medicine

12:00 pm – 12:30 pm Q & A

11:45 am – 12:00 pm **REFRESHMENT BREAK** Chocolate Lobby

12:00 pm – 12:30 pm Resident Breakouts
Academic **Wild Rose A**
Moderator: April D. Armstrong, MD, Penn State Hershey Bone and Joint Institute

Private Practice **Wild Rose B**
Moderators: Barry J. Snyder, MD, Levittown, PA & Matthew J. Kelly, MD, Orthopedic Institute of Pennsylvania

12:30 pm Meeting Adjourned

ACCREDITATION STATEMENT

CME ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Pennsylvania Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The American Academy of Orthopaedic Surgeons designates this live activity, Pennsylvania Orthopaedic Society 2022 Annual Meeting, for a maximum of approximately 14.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Your generous donation to the
Pennsylvania Orthopaedic Society
Foundation**

**will help to make a
tremendous impact in broadening
the practice of orthopaedic medicine.**

PAOrtho works hard for you.

Here are just a few of the ways we benefit our members:

- We are your Advocate in Harrisburg for legislative issues that affect your practice at the state and local levels
- Free surgeon and resident Webinars on acute and chronic pain management
- Free Opioid Education Symposia with CME credits
- 32 Free CME credits through your complimentary subscription to the *Journal of Surgical Orthopaedic Advances (JSOA)*
- 14+ CME credits through the Annual Meetings
- 10 SAE CME credits through a free scored and recorded Self-Assessment Exam
- Free subscription to *Ortho Evidence*
- Support for young surgeons; presentation opportunities at the Annual Meetings; Resident/Fellow awards
- PAOrtho and OrthoPAC: your strongest allies for affecting positive legislative change for the orthopaedic community

**Your valuable support to the Society is greatly appreciated,
and is essential in continuing our good work.**

PLEASE DONATE TODAY!

paorthosociety.org/foundation



REGISTER TODAY

Understanding Medical Cannabis Webinar

October 20, 2022 | 7pm - 8pm (Central)

MODERATOR:

Asif Ilyas, MD, MBA, FAAOS

FACULTY:

Ari Greis, DO

Megan Conti Mica, MD



Register using the code above or here:
<https://bit.ly/3SFqRzZ>





**PA Orthopaedic Society
Political Action Committee
OrthoPAC**

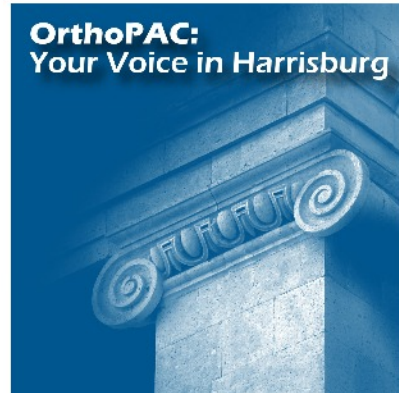
ALWAYS WORKING FOR YOU!

OrthoPAC is one of your strongest allies and the only organized grassroots association committed to affecting positive legislative change for you and the orthopaedic community of Pennsylvania.

There are few times in the past when the practice of medicine has been under assault as it is now. Skyrocketing medical liability costs nearly ended private practice in Pennsylvania several years ago, but through our grassroots legislative advocacy efforts, Pennsylvania Orthopaedic Society and the OrthoPAC fought back and preserved medical practice for all physicians.

OrthoPAC exists to support state candidates for public office who understand medical issues and defend OrthoPAC's legislative positions; to encourage orthopaedic surgeons and their spouses to individually participate in local fundraising and campaign efforts; to encourage an understanding of the nature of the legislative and political process, along with a candidate's position on important medical issues; and to further the understanding of legislative and regulatory activity in Pennsylvania.

**OrthoPAC:
Your Voice in Harrisburg**



WE NEED YOUR SUPPORT!

An investment in the OrthoPAC is an investment in your future.



**Please make your \$500, or \$1,000
contribution today, or join our
Leadership Circle at \$2,500.**

paorthosociety.org/paccontributions

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Thank you for your participation and commitment.

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