

### May 2019

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# PAOrtho 2019 Spring Resident Newsletter

The year is quickly winding down and we want to congratulate all our graduating residents. Be on the lookout for an email from PAOrtho staff in the coming months to find out what next year has in store for you and how we can stay in touch. Also, we always want to know what we can do better to help the more junior residents moving forward. Keep reading for news on what's been happening with PAOrtho.

# **RECENT EVENTS**

#### **Resident Advocates**

As mentioned in the 2018 fall newsletter, the PAOrtho created a resident advocate program meant to ensure representation from each training program in Pennsylvania as we work to improve communication and develop new opportunities for residents across the state. Many of you have contacted us expressing interest in representing your program. Thank you for stepping up! To find out who your program's advocate is, scroll down to the last page. If your program doesn't have an advocate, contact marisa@paorthosociety to sign up.

### 2019 Spring Meeting – Orlando, FL – April 11 & 12

The Spring Meeting led by **Drs. Jack Kazanjian, DO and Peter Tang, MD** focused on the upper extremity from a sports and hand perspective. We

enjoyed a great gathering with excellent speakers from across the state, as well as our Honored Guest Lecturers, Felix "Buddy" Savoie, MD, Joseph Imbriglia, MD, and Melvin Rosenwasser, MD.

Once again, scientific paper presentations did not disappoint. Congratulations to all who took the time to submit and present. First place went to



UPMC's Ravi Vaswani, MD for his presentation on shoulder stabilization.



Second place went to **Temple University's John Reynolds**, **MD** for his presentation on physician burnout. Third place went to **Thomas Jefferson University's John Mangan**, **MD** for his radial nerve presentation.

#### **Resident Representatives to the Board of Directors**

UPMC's **Mitchell Fourman**, **MD** (**PGY-4**) will join the Board of Directors as Resident Representative. Mitch is an exceptional leader and was recently selected to serve as Chair of the AAOS Resident Assembly. Both Mitch and Jim will provide invaluable insight regarding the needs of Pennsylvania's orthopaedic residents.





While we are very excited to welcome Mitch, we are equally sad to say goodbye to resident rep **Nicholas Bonazza, MD, MHA** who will graduate from Penn State Milton S. Hershey Medical Center in June and enter a Sports Medicine Fellowship at Duke University. The PAOrtho Board of Directors is thankful for Nick's outstanding dedication and service to the Society.

# UPCOMING EVENTS

### June Webinar

"Your First Job: Choosing a Practice and Negotiating Your Contract" Every year, a new crop of residents starts to explore opportunities beyond residency. Whether you're five years or less than a year away from your first job, PAOrtho President Dr. Asif Ilyas will provide helpful insight into how to find and secure your first job the right way. **Webinar details and registration information will be available soon!** 

# **RESIDENT OPPORTUNITIES**

### **OrthoPAC (Political Action Committee)**

Our contributions to the PAC are essential to ensure the voice of orthopaedic surgeons, on behalf of our patients, reaches the politicians in Harrisburg. We have an incredible team working on advocacy. Below are just some of the legislative solutions the OrthoPAC has been involved in. Please consider supporting our cause and contribute **just \$25** to the **OrthoPAC**.

### **Resident Benefits**

As noted in the on the PAOrtho website, you have several benefits as a Pennsylvania resident. To learn more about these benefits **CLICK HERE**. As always, please feel free to contact us at any time if there is something we can do to better serve you.

Sincerely,

## Contact Us

marisa@paorthosociety.org resident@paorthosociety.org

Nicholas A. Bonazza, MD PGY-5, Penn State James McKenzie, MD PGY-4, Jefferson

### **RESIDENT ADVOCATES**

Albert Einstein Healthcare Network VACANT

Allegheny Health Network Alan Reynolds (PGY-2)

**Drexel University College of Medicine** Yudi Kerbel (PGY-2)

Geisinger Commonwealth School of Medicine Matthew Fanelli (PGY-3)

Penn Medicine Michael Eby (PGY-3)

Penn State Hershey Ryan Ridenour (PGY-3)

Philadelphia College of Osteopathic Medicine Zachary Wells (PGY-1)

**St. Lukes University Health Network** Anshul Agarwala (PGY-3)

**Temple University** John Reynolds (PGY-3)

**Thomas Jefferson** Jim McKenzie (PGY-4) *Representative to the Board of Directors* 

**UPMC** Mitchell Fourman (PGY-4) *Representative to the Board of Directors* 

UPMC - Hamot Zubair Chaudry (PGY-4)

**UPMC Pinnacle - Osteopathic** Nathan Angerett (PGY-3)